

Drug Abuse Prevention

Listed below is a summary of the programs, activities, and strategies implemented at each grade level in the WFISD

Program	Grade	Hours	Description	Audience
Cancer Prevention Community Health Care Center (Community Volunteers)	1 & 2	1	Video/Activity Books “Donnie Dinosaur in Tobacco Trouble”. Displays are shown to the students of a mechanical healthy lung, emphysema lung, and lung with cancer. We discuss tobacco related cancers (smoke and dip), consequences and ingredients of second hand smoke, reasons people start to use tobacco, ways to say NO, and advertising. The students each receive an activity book, stickers, a parent letter telling the dangers of 2 nd hand smoke and ingredients in it, and a program brochure with tobacco facts and figures. Displays are used from the American Cancer Society, Department of Human Services, and the County Health Department. Strategies implemented; Video, activity booklet, stickers and parent letter sent home with student.	All
Character Education Life Skills (Serenity Foundation Volunteers)	3	5	Five days of information presented by the Serenity Foundation, a community based organization that brings in trained volunteers to present a combination of health information, general life skills and drug resistant skills. Strategies implemented; Role-play, group discussions and games.	All
Cancer Prevention Community Health Care Center (Community Volunteers)	4 & 6	1	Video - “Tobacco Smash-It” Activity Books - “101 Things to Know about Tobacco” graphic pictures (enlarged and on posters) from several different web sites, showing lip and tobacco related cancers, an angiogram with heart damage, lung x-rays, etc. to bring the reality of the subject to light. The 6 th grade curriculum delves further into statistics, science, and health than the 4 th grade. Strategies implemented; Posters, lecture.	All

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<p>Hot Topics (WFISD Health Specialists)</p>	<p>4</p>	<p>2</p>	<p>Bullying / Character Ed. / Decision Making / Self-Esteem Tobacco Awareness- Smoking Experiment, Growth and Development Strategies implemented; videos, Q & A session, student discussions, smoking experiment and teacher led information.</p>	<p>All</p>
<p>Hot Topics (WFISD Health Specialists) Program</p>	<p>5</p>	<p>3</p>	<p>Decision Making / Self Esteem / Character Ed. / Drugs / HIV Videos- “What is your Drug IQ?” & “A is for AIDS”. Growth and Development videos. Strategies implemented; Q & A session, student discussions, transparencies, teacher led information. Pre/Post Test</p>	<p>All</p>
<p>Hot Topics (WFISD Health Specialists)</p>	<p>6</p>	<p>3</p>	<p>Decision Making / Self Respect / Character Ed. / Drugs / HIV Videos- “Nightmare on Drug Street” & “The Road We Take: Kids Growing Up in the Shadow of AIDS”. Growth and Development videos. Strategies implemented; Q & A session, student discussions, transparencies and teacher led information.</p>	<p>All</p>

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Program	Grade	Hours	Description	Audience
D.A.R.E. (Wichita Falls Police Dept.)	6 & 7	10	A prevention program that teaches students how to recognize & resist pressures that influence drug abuse. DARE focuses on four major areas: drug information, good decision making skills, how to resist peer pressure & alternatives to drug use. Strategies implemented; Workbook activities and lecture.	Rotation Schedule to all Elem. & Jr. high
Hot Topics (WFISD Health Specialists)	7	5	Decision Making / Refusal Skills / Character traits/ Drug Awareness / HIV/ Sexual Harassment/ Personal boundaries. Videos- “Not Worth the Risk” & “Abstinence... It’s the Right Choice”. Growth and Development videos, Strategies implemented; Q & A session, student discussions, transparencies, drunk goggle activity STD transfer experiment, and teacher led information.	All
Hot Topics (WFISD Health Specialists)	8	2	Decision Making / Drug Information Videos- “The Teen Files: The Truth About Drinking” & “Real People: Teens Who Choose Abstinence” (about HIV). Growth and Development videos, Strategies implemented; Q & A session, student discussions, transparencies and teacher led information.	Concurrent Health Classes

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First Step (Community Volunteers)	7 & 8	5	Decision making / Personal Boundaries How drugs affect your behaviors & choices. Strategies implemented; Role play and testimonies.	PE only
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Hot Topics (WFISD Health Specialist)	High School Biology	3	Peer Pressure / Decision Making / Drug Use & Abuse- Types of Drugs; Party Drugs Videos- “Who Do You Listen To?” & “The Teen Files: The Truth About Drugs”. Q & A session, student discussions, and teacher led information.	All Biology & Health
First Step (Community First Step Presenters)	High School Health	1	Healthy Dating / Violence / Effects of Drugs on Decision Making. Lecture, student discussions. Strategies implemented; Role play and demonstration	All Health
Health (WFISD Health Teachers)	7 - 12	1 semester	Health information presented by WFISD health teachers. State adopted text utilized along with group discussions, analyzing health information and application of health strategies to enhance their personal lifestyle. Peer relationships, violence prevention, building healthy skills and character traits. Strategies implemented; Basic resistant skills taught toward tobacco, alcohol and illicit drugs through role-play and teacher demonstration.	All Health
Drug Free Week (Planned activities at each campus by teachers and students)	Pre K - 12		Red Ribbon Week is a weeklong campaign in which each campus is encouraged to present a unified & visible commitment towards a drug-free school. Red Ribbon Week schedules a theme for each day. A “decoration day” allows students to create & decorate the school with drug-free messages. “Reach Out Day” encourages each campus to involve their neighborhood in helping with prevention strategies. “Rally or Wear Red Day” allows for students to show their support at campus pep rallies by wearing red. On “Pledge Day,” students can sign pledge cards dedicating themselves to strive to be drug-free. “Recognition Day” gives recognition to all the efforts during the week & awards various contest winners. Campuses also participate in different dress-up days such as: “Shade Out Drugs,” “Boot Out Drugs,” “Team Up Against Drugs,” & “Sock-it to Drugs.”	Campus Decision

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Program	Grade	Hours	Description	Audience
Assembly: Character Education (Contracted Programs)	Pre K – 6	1	Motivational Productions, Inc presents a multimedia program to Pre K-6 students. The show “Courage to Stand” provides students with strategies to help them stand up for what is right, stand up against fears, and stand up against bullies. An eight-lesson curriculum is provided for each campus. Strategies implemented; Drug abuse awareness program.	All Elem.
Peer Mediation / Conflict Resolution for Peer Assistance & Leadership (PAL)	High School	4	Selected high school students, serving as PALs, receive training to work as peer mediators at their home campus. They also provide leadership during the district-wide peer mediation training in the fall. PAL training focuses on: self-esteem, problem solving, decision-making, mentoring, drug abuse prevention, & conflict resolution. Strategies implemented; Role play, lecture, demonstrations.	PALS
Peer Mediation (Selected PAL Students)	Junior High & Elem. Student Mediators	4	Elementary & Junior high students from all campuses are selected by campus administration to become peer mediators. These students prevent & resolve conflicts between students. They learn & teach other students the steps needed to resolve conflict, the importance of a drug free school & share that with their friends & classmates. Leadership training presented by WFISD counselors and implementation through Pal and classroom teacher. Strategies implemented; Role play, lecture, demonstrations.	Selected Students
Prisoner Presentations “Life Decisions” (Texas Department Of Criminal Justice system)	5th, 7th & 9th grade	1 1/2	The Texas Dept. of Criminal Justice Life Decisions Program is presented in an assembly format by two TDCJ offenders. Personal testimony and slide presentation emphasize to students how personal choices in life are crucial when it comes to living as productive citizens in society versus becoming incarcerated. Strategies implemented; Lecture, testimony and slide presentation.	All WFISD 5th, 7th & 9th grade